



Contents



Chapter #		Page #
	Introduction	4
1	The Chess Board: Chess Coordinates, Ranks, Files and Diagonals	5
2	The Chess Pieces: Introduction	10
3	More about the Chess Board: Center, King's and Queen's Side	13
4	How <i>Pawns</i> Move	16
5	How <i>Pawns</i> Capture	19
6	How <i>Pawns</i> Promote	22
7	How the <i>King</i> Moves and Captures.....	25
8	Exercises with King and Pawns	28
9	A Special Pawn Move: <i>En passant</i>	30
10	How <i>Rooks</i> Move and Capture	33
11	Exercises with Rooks and Pawns	36
12	How <i>Bishops</i> Move and Capture.....	38
13	Exercises with Bishops, Rooks and Pawns	41
14	How the <i>Queen</i> Moves and Captures	44
15	Review	47
16	Exercises with Pawns, Bishops, Rooks, Queen and King.....	50
17	How <i>Knights</i> Move and Capture	52
18	Exercises with Various Pieces	55
19	Check and Three Ways to Defend	58
20	Checkmate.....	61
21	Check and Checkmate Puzzles	64
22	Stalemate.....	67
23	Review	70
24	A Special King Move: <i>Castling</i>	73
25	Castling Puzzles	77
26	Basic Mates with a <i>Rook</i>	80
27	Basic Mates with <i>Two Rooks</i> or " <i>Ladder Mates</i> "	85
28	Basic Mates with a <i>Rook</i> or <i>Queen</i> or " <i>Back Rank Mates</i> "	90
29	Basic Mates with the <i>Queen</i>	95
30	Basic Mates with a <i>Knight, Bishop</i> or <i>Pawn</i>	100
31	Mate in One with a <i>Rook</i>	105
32	Mate in One with <i>Two Rooks</i>	110
33	Mate in One with the <i>Queen</i>	115
34	Mate in One with a <i>Knight</i>	120
35	Mate in One with a <i>Bishop</i>	125
36	Mate in One with a <i>Pawn</i>	130
	Glossary	135
	Solutions	136